

Target 1: To build pupil's resilience and ability to cope with feelings of worry by engaging with an age-appropriate programme

	Tasks / Actions	Who	Monitoring	Evaluation / Success Criteria	Progress and Adjustments	Target Achieved
Action 1	The class teachers in Junior Infants & Senior Infants will teach the <u>Zippy's Friends</u> programme. Junior infants will cover lessons 1 to 13. Senior infants will cover 14 to 26. 1 st & 2 nd class will teach The Lust for Life programme	Mrs. Kearns Ms. Spillane Mrs. O'Connor / Ms. Brogan	Pupil feedback Staff feedback Cuntas Míosúil	Pupils in these classes engage with the <u>Zippy's Friends</u> programme Pupils are observed participating in activities and become more open at discussing their feelings with classmates		
Action 2	The class teachers in 3 rd – 6 th Class will teach the <u>Weaving Wellbeing</u> Programme	O'Connor / Ms. Brogan Mrs. Donaghy Ms. Coll Mr. Grimes	Pupil feedback Staff feedback Cuntas Míosúil	Pupils in these classes engage with the <u>Weaving Wellbeing</u> programme Pupils are observed participating in activities and become more open at discussing their feelings with classmates		
Action 3	The support team will facilitate the establishment of a Student Council	Maura Collins Mr. Foley Ms. Donaghy Ms Breheny	Pupil feedback Staff feedback	Pupils in the Student Council will be given an opportunity to reflect the thoughts and ideas of the Student body. This will enable them to affect positive change in our school. It will involve students from 3 rd to 6 th class.		

Target 2: To set up a Support Team responsible for the organising of activities to promote well-being in our school

	Tasks / Actions	Who	Monitoring	Evaluation / Success Criteria	Progress and Adjustments	Target Achieved
Action 1	Create a support team responsible for organising activities to promote well-being throughout the school year	Mr Foley Mrs Donaghy Ms Breheny Maura Collins	Pupil feedback Staff feedback	The support team will work together to organise a variety of activities to promote pupil well-being throughout the year and will reflect on the effectiveness of the activities.		
Action 2	Nominate a 'Safe Person' to whom the children may speak if they are feeling worried or upset	Maura Collins	Pupil feedback Staff feedback Pupil engagement	Pupils will engage with this service when needed. Staff will observe children's engagement with this service.		
Action 3	Create an 'Achievement Wall' outside Mr. Foley's office where children can hang photos of themselves celebrating achievements outside of school.	Maura Collins Mr. Foley Ms. Donaghy Ms Breheny	Pupil feedback Pupil engagement	Teacher's will observe children's engagement with the 'Achievement Wall'.		

Target 3: To encourage and facilitate relevant CPD training for members of staff to meet the needs of the school population.

	Tasks / Actions	Who	Monitoring	Evaluation / Success Criteria	Progress and Adjustments	Target Achieved
Action 1	Allow three Croke Park hours per teacher per year for CPD training	All staff	Staff feedback	All teachers will complete at least 3 hours of CPD training per year.		
Action 2	Allow 5 Croke Park hours for feedback on courses completed by teachers for rest of staff	All staff	Staff feedback	All teachers will provide feedback on the CPD training to the other members of staff.		
Action 3	Allow teachers time to prepare materials and resources from the CPD training to hand out to the other members of staff to use in their classes.	All staff	Staff feedback	All teachers will have a file related to each CPD course that has been completed by other members of staff.		

Target 4: to communicate supports available to the school community of available services

	Tasks / Actions	Who	Monitoring	Evaluation / Success Criteria	Progress and Adjustments	Target Achieved
Action 1	Add a list of organisations and support services with contact details to the school website	Ms. Breheny	Page views on the website	Ms. Breheny will check throughout the year that the list is up to date and the contact details are correct		
Action 2	Send an email to all parents with the list of organisations and services available	Annette		That all parents will receive the list and be made aware of the services available to them		
Action 3	Add a page to the school journal with the list of organisations and services	Mr. Foley		That all parents will be made aware of the list in the school journal		